

Curriculum Vitae

(March 2024)

Laura C. Dapp

Assistant Professor

Personal Information

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ORCID	0000-0003-3985-6976
Google Scholar	https://scholar.google.ch/citations?user=PAIYPy0AAAAAJ&hl=de&oi=sra
Research Interests	Developmental, personality, and sports psychology Research focuses: self-concept, self-esteem, physical activity

Education

10/2015 – 09/2019	PhD in Psychology University of Bern, Switzerland, supervision by Prof. Dr. Claudia M. Roebbers Thesis title: <i>“Self-Concept across Childhood: A Developmental Perspective on the Internal Structure, Realism, and Cross-Domain Relations of Self-Concept”</i>
09/2013 – 08/2015	MSc in Psychology University of Bern, Switzerland
09/2009 – 08/2013	BSc in Psychology University of Bern, Switzerland

Employment History and Current Positions

Academic Positions

02/2024 – present	Assistant Professor of Early Childhood Development Department of Sport Science, University of Konstanz, Germany
06/2020 – 11/2023	Postdoctoral Researcher Department of Psychology, University of Bern, Switzerland
02/2016 – 07/2024	Lecturer in Developmental Psychology Faculty of Psychology, Distance University of Switzerland
10/2015 – 12/2019	Doctoral Candidate Department of Psychology, University of Bern, Switzerland
08/2014 – 02/2016	Teaching Assistant Faculty of Psychology, Distance University of Switzerland

Professional Experience

10/2021 – 06/2022	Leadership of Data Evaluation Validation study for the national program <i>Youth+Sports</i> (J+S) Federal Office of Sport (FOSPO)
10/2019 – 10/2019	Course Leader Lecturer in psychological assessment of toddlers, infants, and children Hogrefe (Hogrefe Academy)
09/2018 – 09/2018	Advisory Function Contribution to the evaluation of the legislation “Kinder- und Jugendförderungsgesetz (KJFG)”, with W hoch 2
02/2018 – 05/2018	Expert Contribution Contribution to the evaluation of the national program <i>Youth+Sports</i> (J+S) Federal Office of Sport (FOSPO)

Approved Research Projects / Funding

10/2021 – 06/2022	Swiss Confederation, represented by the Federal Office of Sport (FOSPO) CHF 50,000 Validation of the questionnaires for evaluating the national program <i>Youth+Sports</i> (J+S)
02/2018 – 05/2018	Swiss Confederation, represented by the Federal Office of Sport (FOSPO) CHF 26,400 Composition of expertise dossier for evaluating the national program <i>Youth+Sports</i> (J+S)

Publications

- Dapp, L. C., & Orth, U. (2024). Rank-order stability of domain-specific self-esteem: A meta-analysis. *Journal of Personality and Social Psychology*. Advance online publication. <https://doi.org/10.1037/pspp0000497>
- Herrmann, C., Seiler, S., Siffert, A., Dapp, L., Gashaj, V. & Studer, F. (2023). Entwicklung und Validierung eines Evaluationsinstruments zur Erfassung der Qualität des Lehrens und Lernens im Schweizer Kinder- und Jugendsport. *Forum Kinder- und Jugendsport*, 4, 88–101. <https://doi.org/10.1007/s43594-023-00110-2>
- Buecker, S., Luhmann, M., Haehner, P., Bühler, J. L., Dapp, L. C., Luciano, E. C., & Orth, U. (2023). The development of subjective well-being across the life span: A meta-analytic review of longitudinal studies. *Psychological Bulletin*, 149(7-8), 418-446. <https://doi.org/10.1037/bul0000401>
- Dapp, L. C., Krauss, S., & Orth, U. (2023). Testing the bottom-up and top-down models of self-esteem: A meta-analysis of longitudinal studies. *Journal of Personality and Social Psychology*. 124(5), 1111-1131. <https://doi.org/10.1037/pspp0000444>
- Krauss, S., Dapp, L. C., & Orth, U. (2023). The link between low self-esteem and eating disorders: A meta-analysis of longitudinal studies. *Clinical Psychological Science*. Advance online publication. <https://doi.org/10.1177/21677026221144255>
- Orth, U., Meier, L. L., Bühler, J. L., Dapp, L. C., Krauss, S., Messerli, D., & Robins, R. W. (2022). Effect size guidelines for cross-lagged effects. *Psychological Methods*. Advance online publication. <https://doi.org/10.1037/met0000499>
- Dapp, L. C., & Roebbers, C. M. (2021) Metacognition and self-concept: Elaborating on a construct relation in first-grade children. *Plos One*, 16(4), e0250845. <https://doi.org/10.1371/journal.pone.0250845>
- Dapp, L. C., Gashaj, V., & Roebbers, C. M. (2021). Physical activity and motor skills in children: A differentiated approach. *Psychology of Sport and Exercise*, 54, 101916. <https://doi.org/10.1016/j.psychsport.2021.101916>
- Gashaj, V., Dapp, L. C., Trninić, D., & Roebbers, C. M. (2021). The effect of videogames, exergames and boardgames on executive functions in kindergarten and 2nd grade: An explorative longitudinal study. *Trends in Neuroscience and Education*, 25, 100162. <https://doi.org/10.1016/j.tine.2021.100162>
- Orth, U., Dapp, L. C., Erol, R. Y., Krauss, S., & Luciano, E. C. (2021). Development of domain-specific self-evaluations: A meta-analysis of longitudinal studies. *Journal of Personality and Social Psychology*, 120(1), 145-172. <http://dx.doi.org/10.1037/pspp0000378>
- Dapp, L. C. (2019). Theoriebasierte Expertise für den Fragestellungskomplex Selbstkonzept. In F. Studer & A. Dössegger (Eds.), *Die Wirkevaluation von Jugend+Sport. Theoretische Rahmung und methodische Implikationen zur Wirkweise des Sportförderungsprogramms des Bundes* (pp. 400-515). Magglingen, BE: Bundesamt für Sport BASPO.
- Dapp, L. C., & Roebbers, C. M. (2019). The mediating role of self-concept between sports-related physical activity and mathematical achievement in fourth graders. *International Journal of Environmental Research and Public Health*, 16(15), 2658. <https://doi.org/10.3390/ijerph16152658>
- Martarelli, C., Feurer, E., Dapp, L. C., & Roebbers, C. (2018). Profiles of executive functions and social skills in the transition to school: A person-centered approach. *Infant and Child Development*, 27(6), e2114. <https://doi.org/10.1002/icd.2114>
- Dapp, L. C., & Roebbers, C. M. (2018). Self-concept in kindergarten and first grade children: A longitudinal study on structure, development, and relation to achievement. *Psychology*, 9(7), 1605-1629. <https://doi.org/10.4236/psych.2018.97097>

Conference Presentations

Studer, F., Seiler, S., Siffert, A., Dapp, L. C., Gashaj, V., & Herrmann, C. (2024, February 7-8). Development and validation of an evaluation instrument for assessing the quality of teaching and learning in Swiss children's and youth sports. In V. Hagin (Chair), *Pedagogy in motion: Students' attitudes, teaching quality, and motor competencies in sports education* [Symposium]. 15th Annual Conference of the Swiss Society of Sport Sciences (SGS), Zurich, Switzerland.

Dapp, L. C., & Orth, U. (2023, July 20–22). *Rank-order stability of domain-specific self-esteem: A meta-analysis* [Poster presentation]. The 2023 Biennial Meeting of the Association for Research in Personality (ARP), Evanston, IL, United States.

Dapp, L. C. (2023, April 6). Meta-analysis of longitudinal studies: Three examples from psychology. In G. Salanti, O. Efthimiou, & M. Egger (Chairs), *Evidence Synthesis* [Half-day Symposium]. Evidence Synthesis Methods, University of Bern, Switzerland.

Krauss, S., Dapp, L. C., & Orth, U. (2022, July 12–15). *The link between low self-esteem and eating disorders: A meta-analysis of longitudinal studies* [Poster presentation]. 20th European Conference on Personality of the European Association of Personality Psychology, Madrid, Spain.

Dapp, L. C., Krauss, S., & Orth, U. (2022, February 16–19). Reciprocal effects between global and domain-specific self-esteem: A meta-analysis of longitudinal studies. In U. Orth & S. Krauss (Chairs), *Self-esteem development* [Symposium]. Virtual Annual Convention of the Society for Personality and Social Psychology (SPSP), virtual conference.

Krauss, S., Dapp, L. C., & Orth, U. (2022, February 16–19). The link between low self-esteem and eating disorders: A meta-analysis of longitudinal studies. In U. Orth & S. Krauss (Chairs), *Self-esteem development* [Symposium]. Virtual Annual Convention of the Society for Personality and Social Psychology (SPSP), virtual conference.

Krauss, S., Dapp, L. C., & Orth, U. (2021, September 12–15). Reciprocal effects between low self-esteem and eating disorders: A meta-analysis of longitudinal studies. In K. Rentzsch (Chair), *Predictors, outcomes, and correlated change of self-esteem* [Symposium]. Virtual Biennial Conference of the German Psychological Society – Personality Psychology and Psychological Diagnostics Section (DPPD), virtual conference.

Dapp, L. C., Krauss, S., & Orth, U. (2021, July 9/16/23). *Reciprocal effects between global and domain-specific self-esteem: A meta-analysis of longitudinal studies* [Poster presentation]. The 2021 Biennial Meeting of the Association for Research in Personality (ARP), virtual conference.

Dapp, L. C., & Roebbers, C. M. (2021, June 1-5). *The benefits of physical activity on mathematical self-concept and mathematical achievement in fourth graders* [Paper presentation]. The 50th Annual Meeting of the Jean Piaget Society (JPS), virtual conference.

Dapp, L. C., Krauss, S., & Orth, U. (2021, May 26-27). *Reciprocal effects between global self-esteem and domain-specific self-concept: A meta-analysis of longitudinal studies* [Poster presentation]. The 2021 Virtual Convention of the Association for Psychological Science (APS), virtual conference.

Orth, U., Dapp, L. C., Erol, R. Y., Krauss, S., & Luciano E. C. (2021, April 7-9). *Development of domain-specific self-evaluations: A meta-analysis of longitudinal studies* [Paper presentation]. The Virtual Biennial Meeting of the Society for Research in Child Development (SRCD), virtual conference.

Dapp, L. C., & Roebbers, C. M. (2019, August 12-16). The mediating role of self-concept between physical activity and mathematical achievement. In L. E. Malmberg (Chair), *Physical activity and learning experiences*. [Symposium]. The 18th Biennial Conference of the European Association for Research on Learning and Instruction (EARLI), Aachen, Germany.

Dapp, L. C., & Roebbers, C. M. (2019, March 21-23). *Physical activity's impact on multiple facets of self-concept in fourth graders* [Poster presentation]. The Biennial Meeting of the Society for Research in Child Development (SRCD), Baltimore, MD, United States.

Dapp, L. C., & Roebbers, C. M. (2019, March 21-23). *The multidimensional self-concept in kindergarten and first grade children* [Poster presentation]. The Biennial Meeting of the Society for Research in Child Development (SRCD), Baltimore, MD, United States.

Dapp, L. C., & Roebbers, C. M. (2019, February 25-27). Metakognition und Selbstkonzept. In T. Lösch (Chair), *Akkurate Selbsteinschätzung zwischen Metakognition, Motivation und Persönlichkeit* [Symposium]. The 7th Tagung der Gesellschaft für empirische Bildungsforschung (GEBF), Cologne, Germany.

Dapp, L. C. (2018, August 27-30). *Metacognition meets self-concept: A common factor of self-evaluation in first grade children?* [Poster presentation]. The 8th International Biennial Meeting of the European Association for Research on Learning and Instruction (EARLI) SIG 16 Metacognition Conference, Zurich, Switzerland.

Dapp, L. C. (2018, July 2-6). The multidimensional self-concept in kindergarten and first grade children. In E. Bellon (Chair), *The cognitive and neural bases of academic self-concept and metacognition*. [Invited symposium]. The 22nd JURE Conference, Antwerp, Belgium.

Dapp, L. C., & Roebbers, C. M. (2018, May 31-June 2). *The multidimensional self-concept in kindergarten and first grade children* [Poster presentation]. The 48th Annual Meeting of the Jean Piaget Society (JPS), Amsterdam, Netherlands.

Dapp, L. C., & Roebbers, C. M. (2017, August 29-September 1). *Self-concept in kindergarten and first grade children* [Poster presentation]. The 18th European Conference on Developmental Psychology (ECDP), Utrecht, Netherlands.

Outreach and Communication Activities

Interview in newspaper on the effects of sports camps on children's and adolescents' development. Printed and fronted in *der Bund* and *Berner Zeitung*, and printed in further local newspapers.

Waldorff, L. (Newsperson). (2023, February 18). Psychologin zu Schneesportlagern. Ist ein Skilager purer Spass oder gar ein traumatisches Erlebnis? Entwicklungspsychologin Laura Dapp von der Universität Bern gibt Antworten. *Der Bund | Berner Zeitung*.

<https://www.derbund.ch/ein-lager-ist-ein-erstes-ausprobieren-von-unabhaengigkeit-754912529450>

Interview in audio podcast on the effects of sports camps on children's and adolescents' development.

Hartmann, S. & Waldorff, L. (Hosts). (2023, February 6). Skilager – chancenreich oder unnötig? (Episode 26) [Audio podcast episode]. In *Gesprächsstoff – Berner Podcast von Berner Zeitung und der Bund*. Der Bund.

<https://www.derbund.ch/dank-skilagern-koennen-sich-schulen-externe-beratende-sparen-586025434822>

Professional Training

10/2020	Meta-Analysis Prof. Dr. Wolfgang Viechtbauer, Maastricht University (online)
09/2018	Modeling Techniques Prof. Dr. Lars- Erik Malmberg, SGS-CLM
02/2018	Statistics with R Andrew Ellis & Dr. Boris Mayer, University of Bern
08/2017	Longitudinal Models Dr. Alithe van der Akker & Dr. Loes Keijsers, Utrecht University
09/2016	Structural Equation Modeling Prof. Dr. Peter Schmidt & Prof. Dr. Eldad Davidov, Università della Svizzera italiana
09/2016	Scientific Writing Prof. Dr. Robert V. Kail, SGS-CLM
07/2016	Mplus Advanced Prof. Dr Rens van de Schoot & Prof. Dr. Ellen Hamaker, Utrecht University
02-05/2016	Structural Equation Modeling Prof. Dr. Ulrich Orth, University of Bern

Teaching Activities

04/2024 – 08/2024	Motor Skills and Cognition (Master's seminar) University of Konstanz, Germany & PHTG, Switzerland
02/2023 – 06/2023	Structural Equation Modeling with R (Exercise course for Master students) University of Bern, Switzerland
02/2016 – 07/2024	Lecturer in Developmental Psychology Distance University of Switzerland
08/2014 – 02/2016	Teaching Assistant in Developmental Psychology Distance University of Switzerland
09/2013 – 01/2014	Introduction to Developmental Psychology (Tutorial) University of Bern, Switzerland
09/2012 – 07/2013	Introduction to Psychology I & II (Tutorials) University of Bern, Switzerland

Supervision of Junior Researchers

Master's Thesis	<i>University of Bern, Department of Psychology:</i> Rahel Heeb (2019), Christian Schenker (2019), Sonja Kälin (2019)
Bachelor's Thesis	<i>University of Bern, Department of Psychology:</i> Leandra Krähenbühl (2021), Max Lustenberger (2021), Michelle Lüthi (2021), Nadia Hossmann (2021), Annina Kästli (2022), Chiara Seiler (2022), Lucas Schlegel (2022), Lisa Strebel (2022), Elin Ettlin (2023), Patricia Jenzer (2023), Moira Frey (2023), Dragisa Petruljevic (2023) <i>Distance University of Switzerland, Faculty of Psychology:</i> Patrizia Bardola (2016), Remo Rüegg (2016), Astrid Scholz (2017), Roman Stammbach (2020), Uran Haxhosaj (2020), Anna Meyer (2021), Heiko Keck (2021), Esther Hägi (2021), Mirjam Wagner (2021), Nadja Franke (2021), Deborah Visser (2021), Michaela Sauser (2021), Admir Kadic (2022), Pia Sophie Buomberger (2022), Katrin Koch (2022), Yolanda Hofer (2022), Christine Eich (2023), Amina Zoronjic (2023), Janine Zopp (2023), Anja Dasen (2024), Yanick Baptiste (2023), Daniela Stauffer-Schläppi (ongoing), Jasmin Ciullo (ongoing), Janine Moser (ongoing), Tünde Gruber (ongoing)

Scientific Reviewing Activities

BioMed Research International | British Journal of Educational Psychology | Children | Cognitive Therapy and Research | European Journal of Personality | Frontiers in Psychology | Frühe Bildung | Humanities and Social Sciences | Infant and Child Development | International Journal of Behavioral Development | International Journal of Sports and Exercise Medicine | Journal of Adolescence | Journal of Clinical Medicine | Pediatrics | PlosOne | Scientific Reports | Social Psychological and Personality Science | The Journal of Early Adolescence

Active Memberships in Scientific Societies

American Psychological Association (APA)
Association for Psychological Science (APS)
Association for Research in Personality (ARP)
International Society of Sport Psychology (ISSP)
Society for Personality and Social Psychology (SPSP)
Society for Research in Child Development (SRCD)